



A Sport-Études program is an obvious choice for high school aged student-athletes who are recognized by a federation and who strive for excellence in a particular sport.

Who?

Only secondary school students, recognized by their sports federation, may enroll in a Sport-Études program subject to the admission requirements set by the Sir Wilfrid Laurier School Board (SWLSB)

Why?

Students can reconcile their academic and athletic goals, on the condition that they give priority to their academic success.

Student athlete is able to combine his education and his sport and have a better quality of life.

How?

By enrolling in such a program, the student-athlete must expect that the pace required for learning will be faster than in regular programs because the amount of time spent in the classroom is lower. The student-athlete will have to work independently and seriously if he/she wants to succeed.

For a great video about our program, please click [HERE](#)

For our 2021-2022 application form, please click: [Here 2021-2022](#) & [LSA Student contract HERE:](#)

For the differences between our three hockey programs, click [HERE](#).

As of the 2018-2019 school year, the Sport-Études program is designed for high performing athletes who are able to succeed with a regular academic course load presented in a shortened period of time.

The Sport-Études program allows students to combine high-level participation in a sport and a focus on academics, facilitating the achievement of excellence in both areas.

This high-level program is recognized by the Ministère de l'Éducation et de l'Enseignement supérieur (MEES) and is administered in conjunction with provincial sports federations.

The Sport Federations involved have concluded protocols with the Sir Wilfrid Laurier School Board and Laval Senior Academy, local clubs and associations, and [Le Ministère de l'Éducation et Enseignement supérieur](#)(MEES). Entrance criteria and practice requirements are set by the individual federations.

To be eligible for the LSA Sport-Études program, athletes must be connected with one of the recognized Sports Federations. Further information on the Provincial Sport-Études program can be found at the [MEES website](#).

The primary requirements for admission and retention in the LSA The Sport-Études program are:

- The student must be classified by a sports federation as an espoir, relève, excellence or élite athlete;
- The student must be eligible to attend a public English School in the province of Quebec;
- The student-athletes are subject to the same evaluation processes as all other students (ie. LSA Standards and Procedures, School Board Examinations, etc.)
- The student-athletes must maintain the program's academic and behavior standards and expectations.

For more information on Laval Senior Academy's The Sport-Études program, please contact coordinator Chris Lemay at [clemay@swlauriersb.qc.ca](mailto:clemay@swlauriersb.qc.ca). or 450-686-6300 ext. 9030

An explanation of the differences between all three hockey programs at LSA can be found [HERE](#).

For more details, see list of partners:

# Baseball

# Federation: Baseball Québec

## BSE Agency

Contact Person :	Remi Bertrand
Contact Email :	<a href="mailto:Remi.bertrand@bseagency.com">Remi.bertrand@bseagency.com</a>
Cost :	\$2,200 (8 payments from July to February)
Level Required :	Girls & boys who played baseball during the 2021 season
Tryout Dates :	TBD (please contact Remi Bertrand)
Schedule :	Monday to Friday, 14h30 - 16h30
Training Location :	Outside : baseball fields, centre de la Nature Inside : Georges-Vanier High School / Val des Arbres Complex

# Basketball

## Federation : Basketball Québec

Contact Person :	Junior Lomomba
Contact Email :	<a href="mailto:jlomomba@yahoo.com">jlomomba@yahoo.com</a>

For a video about our Sport-Études Basketball program, click [HERE](#)

**Evaluations** : by appointment only. For more information, and to register, click [HERE](#)

# Figure Skating

## Federation : Patinage Québec

Patinage Laval

Contact Person :	Samuel Morais
Website :	<a href="https://patinage.qc.ca/sport-etudes/">https://patinage.qc.ca/sport-etudes/</a>
Cost :	\$2,500 per skater
Level Required :	Obtain a minimum technical score in competition in an official category (no limit up to senior). The minimum score is decided by Patinage Québec
Tryout Dates :	Assessments will be made according to the availability of the athlete and their coach from November 2020 until June 2020.
Training Location :	Place Bell (Laval) - 1950 rue de Gagné, Laval, H7N 5H9
Important Dates / Competitions :	<p>Championnats d'été, Août 2021</p> <p>Championnats Georges-Étier, fin septembre 2021</p> <p>Championnats de section A, début novembre 2021</p> <p>Défi du Canada, début décembre 2021</p> <p>Championnat canadien, janvier 2022</p> <p>Régionaux, janvier 2022</p> <p>Championnat de section B, février 2022</p> <p>Jeu du Québec, 25 février au 5 mars 2022</p>

### Figure Skating Lames d'Argent

Contact Person :	Manon Boisvert
Contact Email :	<a href="mailto:mstmichel@videotron.ca">mstmichel@videotron.ca</a>
Website :	<a href="https://leslamesdargent.org/wp/">https://leslamesdargent.org/wp/</a>
Cost :	\$2,700
Package Includes :	<p>2 hours per day of ice time</p> <p>4 hours per week with a counselo, group psychologist, and nutritionist.</p>
Why sign up for our program?	<p>For several years now, Patinage Québec has been aware of the importance of the Apprentice-Athletes, Sport-études and Alliance Sport-études programs in the development of figure skating athletes. Indeed, these programs have allowed athletes to get a head start on athletes in other provinces where these programs do not exist. Athletes have the privilege of training at reasonable times while studying. The Apprentice-Athlete, Sport-études and Alliance Sport-études programs are not</p>

	compulsory for figure skating athletes. On the other hand, they greatly facilitate the reconciliation of their sports and academic goals while promoting their entry into quality programs. Student-athletes thus maximize their chance to achieve their goals while ensuring them a balanced life.
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# Gymnastics

## Federation : Gymnastique Québec

### Laval Excellence

Contact Person :	Ryan McPhail
Website :	<a href="http://www.lavalexcellence.ca/accueil.aspx">http://www.lavalexcellence.ca/accueil.aspx</a>
Training Location :	Centre Val des Arbres - 1555 boul Saint-Martin Est, Laval

# Hockey

## Federation : Hockey Québec

Blue and Gold Hockey Program (this is not a Sports-Étude program)

for a video about our Blue & Gold Hockey Program, click [HERE](#)

Contact Person :	Michael Cucinotta
Contact Email :	<a href="mailto:info@cchockey.ca">info@cchockey.ca</a>
Cost :	3500.00\$
Level :	Double Letter Player
Tryout Dates :	January
Training Location :	Arena Hartland Monahan (Laval Ouest)

## Hockey Laval

Contact Person :	Martine Deschamps
Website :	<a href="https://www.hockeylaval.com">https://www.hockeylaval.com</a>
Cost :	TBD
Level :	AAA / Bantam AAA / AAA relève
Tryout Dates :	August
Training Location :	Guimond Arena

## Montreal Rousseau

Contact Person :	Jean Pierre Trudeau
Website :	<a href="https://rousseauroyal.liguemidgetaaa.ca/fr/index.html">https://rousseauroyal.liguemidgetaaa.ca/fr/index.html</a>
Cost :	TBD
Level :	Midget AAA
Tryout Dates :	August
Training Location :	Arena Fleury ou Normandin

## Hockey Féminin

Contact Person :	Dany Brunet
Website :	<a href="http://www.hockeyfemininlaval.com/fr/index.html">http://www.hockeyfemininlaval.com/fr/index.html</a>
Cost :	TBD
Level :	AA / AAA
Tryout Dates :	August
Training Location :	Guimond Arena

# Horse Back Riding

## Federation : Équitation Québec

### Centre Équestre des Mille-Iles

Contact Person :	Josée L'Abbée
Contact Email :	<a href="mailto:josee@cemicheval.com">josee@cemicheval.com</a>
Website :	<a href="https://cemicheval.com">https://cemicheval.com</a>
Training Location	CEMI - 646 boul Des Mille-Îles, Laval, H7J 1E4

# Ringuette

## Federation : Ringuette Québec

Centre de développement des élèves-athlètes du Montréal métropolitain

Contact Person :	Chantal Aubry
Contact Email :	<a href="mailto:cdearmm@gmail.com">cdearmm@gmail.com</a>
Website :	<a href="https://www.academiederinguette.com/">https://www.academiederinguette.com/</a>

# Rock Climbing

## Federation : Escalade Québec

Le Crux

Contact Person :	Patrick Labelle
Website :	<a href="https://www.lecrux.com">https://www.lecrux.com</a>
Cost :	TBD
Level Required :	Obtained technical scores issued by Le Crux
Training Location :	Le Crux - 95 boul des Entreprises #A, Boisbriand, J7G 2T1

# Soccer

## Federation : Soccer Québec

for a video about our Sport-Études Soccer programs, click [HERE](#)

### Soccer Laval

Contact Person :	Alex Gasparella
Contact Email :	<a href="mailto:alex.garparello@soccer-laval.qc.ca">alex.garparello@soccer-laval.qc.ca</a>
Website :	<a href="https://soccer-laval.qc.ca">https://soccer-laval.qc.ca</a>
Cost :	\$2,100
Tryout Dates :	January - February
Training Location :	Complexe Bois de Boulogne

### Soccer CNHP (Centre National Haute Performance)

Contact Person :	Rudy Doliscat
Contact Email :	<a href="mailto:rdoliscat@soccerquebec.org">rdoliscat@soccerquebec.org</a>
Website :	<a href="https://soccerquebec.org/soccer-excellence/centre-national-haute-performance/">https://soccerquebec.org/soccer-excellence/centre-national-haute-performance/</a>
Cost :	TBD
Tryout Dates :	January - February
Training Location :	Complexe Bois de Boulogne

# Taekwondo

## Federation : Taekwondo Québec

### Kick Fit Taekwondo

Contact Person :	Pasqualino Galucci
Website :	<a href="https://kickfitlab.com/">https://kickfitlab.com/</a>
Cost :	\$1,299
Level Necessary :	Yellow Belt
Tryout Dates :	December or January (depends on Public Health Requirements)



Training Location :	KickFit - 1121 Lesage, Laval
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# Track and Field

## Federation : Athletisme Québec

### Athletisme Dynamique

Contact Person :	Lyne Carry
Contact Email :	<a href="mailto:lcarry@videotron.ca">lcarry@videotron.ca</a>
Website :	<a href="http://www.athletismelaval.qc.ca/">http://www.athletismelaval.qc.ca/</a>
Cost :	\$1,800 (September to May + summer competitions)
Training Location :	Odysee des jeunes et Claude Robillard